

Breakfast

Served every day from open to 11:00am

****Items that can be made gluten and/or lactose free**

Egg Dishes

****The BIG One ~ \$8.75**

Two eggs, ham, bacon and sausage patties, served with seasoned hash-browns and a breakfast scone
(for gluten/lactose free sub scone for cup of fruit and sub sausage for extra ham or bacon)

****Scramblers ~ \$6.75**

Three scrambled eggs, served with seasoned hash-browns and a breakfast scone.
Add your favorite ingredient for \$.75 ea
Bell Pepper/Green Onion/Sundried Tomatoes/Mushrooms/Broccoli/Fresh Tomatoes/Spinach
Ham/Bacon/Sausage/Chicken
Cheddar Cheese/ Pepper Jack/ Jack & Cheddar mix

****Traditional Eggs ~ \$6.25**

Two eggs cooked to your liking. Served with seasoned hash-browns and a breakfast scone

****Ham and Cheese Omelet ~ \$8.95**

Three egg omelet with lean tavern ham and Tillamook cheddar cheese, served with seasoned hash-browns and a breakfast scone.

****Vegetable Omelet ~ \$8.25**

Three egg omelet with mushrooms, broccoli, bell peppers and Tillamook cheddar cheese, served with seasoned hash-browns and a breakfast scone.

Original Breakfast Burrito ~ \$8.75

Three eggs, lean tavern ham, Tillamook cheddar cheese, mushrooms, sliced olives, green onions and bell peppers in a sundried tomato tortilla, served with seasoned hash-browns and a breakfast scone.

Ballard Bagel ~ \$8.75

Your choice of bagel or croissant with Tillamook cheddar cheese, lean tavern ham or mesquite smoked turkey and egg, grilled to perfection.

Ham & Cheddar or Vegetable Quiche ~ \$8.95

Our homemade quiches served with fruit salad and a breakfast scone.

Hot and Cold Cereals

Irish Oatmeal ~ \$6.25

Traditional oatmeal cooked to order, served with brown sugar, dried cranberries, toasted almonds and your choice of steamed milk on the side.

Granola Bowl ~ \$6.25

Packed with nuts, dried fruits and mixed oats, served with a side of milk.
Add yogurt and banana \$2.00

Elsa's Fruit Cup ~ \$6.95

Our house granola layered with our fruit salad

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French Toast and Waffles

French Toast ~ \$7.50

Thick slices of Texas toast dipped in our orange cinnamon batter, served with a side of fruit salad.

Stuffed French Toast ~ \$8.00

Grilled apple chicken sausage and apple cinnamon cream cheese sauce placed between two slices of our French toast, served with a side of fruit salad.

French Toast Sandwich ~ \$8.75

Two eggs made how you like, with your choice of bacon, ham, apple chicken sausage or sausage patties, between two pieces of French toast, served with a side of fruit salad.

Apple Cinnamon French Toast ~ \$8.75

Two slices of fresh baked apple cinnamon (with real apples baked in) dipped in our orange cinnamon batter, served with two eggs and a side of fruit salad.

****Gluten free pancakes ~ \$8.75**

Three pancakes made from quinoa flour, ground flax seed and psyllim
Served with two eggs sausage or bacon and fresh fruit.
(can be made lactose and egg free, for vegetarian or vegan sub bowl fruit for sausage or bacon)

Sides

Three slices of bacon \$2.50

3 sausage patties \$2.75

Fruit salad \$2.50

Pastries

Scones ~\$1.95

An in house original made every morning from scratch
served with your choice of homemade lemon curd or butter frosting

Breakfast Cookies ~\$1.95

Another in house original creation, full of oats and dried fruit

Assorted Pastries ~ \$1.95 to \$3.25

Ask one of us what we have for that day; we get daily fresh baked pastry creations from House of Bread every morning!

~Coffee Creations~

We have a full array of hot and cold beverages to choose from. Let us know what you like or ask us to whip up something new and exciting for you!

Lunch

Served every day from 11:00-3:00

****Items that can be made gluten and/or lactose free**

Sandwiches

Sandwiches come on 9 grain, sourdough or herbed bread that is baked daily for us at House of bread. Sandwiches and wraps come with a choice of pasta salad/potato salad/fruit salad/cottage cheese and a fresh baked cookie.

Try any sandwich on fresh baked...

Basil parmesan or Jalapeño Cheddar bread \$1.00

Croissant or un-bagel \$.75

Add avocado \$1.50

****BLTA~ \$8.95**

Four strips of crispy bacon, romaine lettuce, fresh tomatoes, light mayonnaise and ripe avocado slices.
Try it grilled!

****Caughlin Club ~ \$8.95**

Mesquite smoked turkey, crispy bacon, gouda cheese, ripe avocado slices, romaine leaf lettuce, red onion, fresh tomatoes and our savory sauce. Try it grilled!

Mount Rose ~ \$8.75

Mesquite smoked turkey, homemade herbed cream cheese, romaine leaf lettuce, red onion and homemade cranberry sauce.

The Topo \$8.75

Thinly sliced roast beef served on grilled fresh baked garlic cheddar sourdough, served with rosemary au jus

****Oh My Helen~ \$8.75**

Lean tavern ham, Tillamook cheddar cheese, homemade honey mustard sauce and romaine leaf lettuce.
Simplicity has never been so yummy!

****Biondi Veggie ~ \$8.25**

Chopped artichoke hearts, gouda cheese, fresh tomatoes, red onions, pine nuts and house herbs
Try it Grilled!

Tuna ~ \$8.75

White albacore tuna fish, fresh apple slices, red onion and fresh lemon herb mayonnaise

****Southwestern ~ \$8.95**

Mesquite smoked turkey, pepper jack cheese, green chili sauce, red onion, romaine lettuce and fresh tomatoes.
Try it on fresh baked jalapeño cheddar bread for an extra zing

****The BIG "O" ~ \$8.75**

Tender poached chicken breast mixed with curry, honey and dark mustard. Pile high with almonds, shredded carrots and fresh tomatoes on toasted Texas toast.

Nutty Chicken Croissant ~ \$8.95

Tender shredded chicken breast, house herbs, cashews, romaine lettuce leaf, fresh tomatoes and light mayonnaise served on a flaky croissant

****Turkey Club Croissant ~ \$8.95**

Mesquite smoked turkey, crispy bacon, romaine lettuce, fresh tomatoes and light mayonnaise on a flaky croissant

****Ballard Bagel ~ \$8.75**

Bagel or croissant with Tillamook cheddar cheese, lean tavern ham or mesquite smoked turkey and egg, grilled to perfection.

WRAPS

****Santa Fe Wrap ~ \$8.95**

Romaine lettuce, grilled chicken with Mexican seasoning, shredded cheddar cheese, fresh tomatoes, red onion and green chilies in a salsa sour cream dressing.

Pesto Wrap ~ \$7.45

Romaine lettuce, fresh tomatoes, red onion and our homemade pesto dressing

Add chicken for \$1.50

Add artichoke hearts \$.75

Add shredded mozzarella \$1.00

Caesar Salad Wrap ~ \$7.95

Hearts of romaine, homemade croutons, parmesan cheese and our own Caesar salad dressing.

Add chicken \$1.50

PANINNI'S

Capitol Hill ~ \$8.95

Provolone cheese, sundried tomato pesto, red onion, fresh tomatoes and fresh spinach on focaccia bread

Queen Anne ~ \$9.75

Your choice of lean tavern ham or mesquite smoked turkey, provolone cheese, sundried tomato pesto, red onion, fresh tomatoes and fresh spinach on focaccia bread.

SOUPS

All of our soups are hand crafted daily in house and vary depending on the season.

Be sure to ask our Emerald City Team about the day's soup.

16oz bowl served with garlic cheese twist ~ \$5.50

8Oz cup ~ \$3.50

Chili ~\$5.50

ASSORTED FAVORITES

Half and Half ~ \$8.95

Your choice of half a sandwich, half a salad or a cup of soup, pick two! Served with garlic cheese twist.

Homemade Quiche ~ \$8.95

Ham and cheddar or vegetable quiche, served with garlic cheese twist and choice of fruit salad/pasta salad/potato salad.

Quesadilla ~ \$6.95

Tillamook cheddar cheese with Spanish spices prepared in a sundried tomato or spinach tortilla.

Add grilled vegetables \$1.00

Add grilled chicken \$1.50

SALADS

Whidbey Rice Salad ~ \$8.95

An Emerald City original, twelve assorted grains of rice, poached chicken breast, mandarin oranges, celery, red onion and toasted almonds. All tossed in a light citrus dressing.

Emerald City House Salad ~ \$6.95

Fresh field greens, homemade sugar coated walnuts, shredded mozzarella cheese and dried cranberries
In our own fat free raspberry vinaigrette.
Add chicken \$1.50

Asian Chicken Salad ~ \$8.95

Poached chicken breast, oven toasted almonds, mandarin oranges, julienne vegetables, green onion and crispy noodles on romaine lettuce with a tasty-tangy Asian dressing.

Chicken or Tuna Salad ~ \$8.95

Two scoops of our chicken or Tuna salad on a bed of fresh filed greens, with a balsamic vinaigrette on the side.
For those that can't make up their minds get a scoop of each
(Chicken salad is not gluten free)

Caesar Salad ~ \$6.95

Hearts of Romaine, homemade croutons, shredded parmesan cheese and our own Caesar dressing
Add chicken \$1.50

SIDES

Side of pasta salad/fruit salad/potato salad/cottage cheese ~ \$2.50

16oz pasta salad/fruit salad/potato salad/cottage cheese ~ \$5.00



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